



BIBI YIP

MARTIAL ARTS INSTRUCTOR/MENTOR/SPEAKER

Over the past 35 years, I've dedicated my life to mastering the art of Muay Thai Kickboxing and Boxing, training alongside world-class coaches and elite UFC fighters.

My journey began amid adversity, growing up in a traumatic childhood that left me feeling broken and lost. However, it was during those dark moments that I discovered the transformative power of martial arts.

I was deeply inspired by the philosophy of Bruce Lee, who embodied the concept of embracing one's true nature and cultivating inner strength.

This philosophy became my foundation as a martial arts coach, speaker, and advocate for empowerment. I believe that unlocking true potential begins within by tapping into our deepest fears, greatest strengths, and most resilient selves.



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Australia, US, Thailand

EXPERIENCE

2002 - CURRENT

Seminars for Elite Fighters

- Conducted specialised seminars in Los Angeles, Seattle, and Florida.
- Focused on advanced techniques in Boxing, Muay Thai, Kickboxing and Mixed Martial Arts.
- Developed tailored training programs to enhance fighters' skills and performance.

Martial Arts Presenter and Certification

- Certifier of Personal Trainers in Boxing and Muay Thai Kickboxing.
- Dedicated to educating and validating the skills of fitness professionals.
- Created course materials and conducted workshops for high-quality instruction.
- Fostered a safe and supportive training community.

Boxing Educator, Australian Institute of Fitness

- Recognised for contributions to authentic boxing training and client care.
- Emphasised inclusive environments that empower fitness journeys.

Global Health and Wellbeing Coordinator

- Designed global wellness programs and transformed the corporate gym into a martial arts training center.
- Coordinated trainers for diverse fitness classes and promoted a culture of health and well-being.
- Developed the blueprint for the new Health and Wellbeing department within the company.

SKILLS

- **Martial Arts Proficiency:** Extensive training in Muay Thai Kickboxing and Boxing, including techniques, strategies, and fight preparation.
- **Coaching and Mentoring:** Skills in teaching and guiding individuals in martial arts, emphasising personal growth, discipline, and resilience.
- **Philosophical Insight:** Deep understanding of martial arts philosophy, especially Bruce Lee's principles, and the ability to inspire others through it.
- **Empowerment Advocacy:** Expertise in promoting personal empowerment and helping individuals unlock their full potential.
- **Crisis Resilience:** Ability to transform personal adversity into strength, demonstrating resilience and the capability to overcome challenges.
- **Public Speaking:** Competence in engaging audiences, sharing inspirational stories, and delivering motivational talks related to personal growth and martial arts.
- **Mental Conditioning:** Skills in fostering mental toughness and emotional strength in students and clients, encouraging them to confront fears and leverage their strengths.
- **Community Engagement:** Experience in building a sense of community among martial artists and advocates for mental and physical empowerment.
- **Personal Development Planning:** Ability to create customised plans focused on personal growth, skill acquisition, and holistic well-being.
- **Nurturing Inner Strength:** Capacity to help individuals cultivate self-awareness, self-acceptance, and inner strength through martial arts practices.



Freddy Roach - Head Boxing Trainer to
Manny Pacquiao



Blackzilians - UFC Fighters Florida



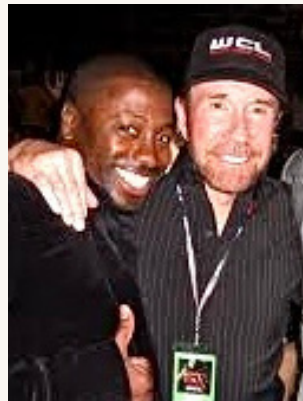
1. Anthony "Rumble" Johnson Former UFC Light Heavyweight Champion
2. Rashad "SUGA" Evans - Former UFC Light Heavyweight Champion



1. Chuck "Iceman" Liddell - Former UFC Light Heavyweight Champion
2. Jon "Bones" Jones - Current UFC Heavyweight Champion



1. Peter "Sugarfoot" Cunningham: Canadian 7-time World Kickboxing Champion
2. Sensei Peter - Kickboxing Trainer to Chuck Norris



Sensei Peter "Sugarfoot" Cunningham's
International Fight Team - Los Angeles



1. Saenchai Sor Kingstar: Considered among the greatest Muay Thai fighters of all time.
2. Kru Chon - The Little Giant (my Muay Thai Master - Chiang Mai, Thailand)



Chiang Mai Thailand Fight Team

Muay Thai Kickboxing Seminar Delray Beach Florida, US



Teacher to Teacher Boxing Certification Sydney, Australia

